



# SWAN WHEELERS CYCLING CLUB

## Rider Signing on Sheet

[WWW.SWANWHEELERS.CC](http://WWW.SWANWHEELERS.CC)

Please remember to ride responsibly and to follow the highway code.

Do not ride more than two abreast and please follow the instructions of the ride leader.

Before riding, ensure your bike is in good working order and wear a helmet during the ride.

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**Ride Type:**

**Date:**

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**Planned Distance:**

**Ride Leader:**

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**Planned Average Speed:**

**Lanterne Rouge:**

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### MEMBERS

Name (Clear and In Full)	Mobile Number	Emergency Contact Name	Emergency Contact Number

### NON-MEMBERS

Name (Clear and In Full)	Mobile Number	Email Address	Emergency Contact Name	Emergency Contact Number

Non-members are very welcome although we would ask you to consider joining the club after 3 rides.

Our club rides do not have British Cycling 'qualified leaders'. By adding your name to this sheet, you accept you are taking part in the club ride in the knowledge that there is no such 'leader' designated to take any level of responsibility for the safety of participants. Each rider must take responsibility for their own safety and that of others and should they be individually held responsible for injury or damage to others, they will need to rely on their own individual liability insurance cover.