SWAN WHEELERS CYCLING CLUB
WWW.SWANWHEELERS.CC

Rider Signing on Sheet

Please remember to ride responsibly and to follow the highway code.
Do not ride more than two abreast and please follow the instructions of the ride leader.
Before riding, ensure your bike is in good working order and wear a helmet during the ride.

Ride Type: **Date:**

Distance/Average Speed: / **Ride Leader:**

Planned Stop: **Lanterne Rouge:**

MEMBERS

Name (Clear and in full)	Mobile Number	Emergency Contact Name	Emergency Contact Number

NON-MEMBERS/U18

Name (Clear and in full)	Mobile Number	Emergency Contact Name	Emergency Contact Number

Non-members are very welcome although we would ask you to consider joining the club after 3 rides.

Our club rides do not have British Cycling 'qualified leaders'. By adding your name to this sheet, you accept you are taking part in the club ride in the knowledge that there is no such 'leader' designated to take any level of responsibility for the safety of participants. Each rider must take responsibility for their own safety and that of others and should they be individually held responsible for injury or damage to others, they will need to rely on their own individual liability insurance cover.

Under 18 year old riders are welcome at the ride leaders discretion and must be accompanied by a responsible adult for the duration of the planned ride. Responsibility for the welfare of this rider remains with the responsible adult at all times.